

# ATHLETIC TRAINERS - Consumer Education



## What is Athletic Training?

Athletic training is a healthcare profession specializing in returning individuals to physically active lifestyles. Athletic training is practiced by licensed athletic trainers who collaborate with physicians to optimize activity and participation of patients and clients. Athletic training includes the prevention, recognition and intervention of emergent, acute, and chronic medical conditions involving impairment, functional limitation, and disability. All athletic trainers practicing in the State of Ohio must hold a valid Ohio athletic trainers license.

Conditions treated by athletic trainers include, but are not limited to, muscle, joint, and bone injuries, such as tendonitis, muscle strains, concussions, low back pain, and ACL tears.

Athletic trainers provide emergency care, injury prevention, health care services, and rehabilitation for students, athletes, injured workers, and persons of all ages.



## Athletic Trainers Practice In...

Athletic trainers practice in educational systems, industrial and commercial settings, hospitals, professional or amateur sports organizations, military settings, outpatient clinics, rehabilitation facilities, athletic facilities, and other settings.

## Choosing an Athletic Trainer

If you are in need of athletic training services, work with your physician and/or employer. You can also check with your insurance provider regarding reimbursement of athletic training services.



## Visit the Board Website or Call

Consumers can visit the Board website at <http://otptat.ohio.gov> or call (614) 466-3774 to verify a license or to file a complaint against a licensed athletic trainer.

All complaints must be submitted in writing. If you would like to speak with someone about your complaint, please call the Enforcement Division of the OTPTAT Board at (614) 466-3774 and select option 2.

State of Ohio Occupational Therapy, Physical Therapy, and Athletic Trainers Board

77 S. High Street, 16th Floor  
Columbus, Ohio 43215-6108  
Phone (614) 466-3774 Fax (614) 995-0816

<http://otptat.ohio.gov>

## ADDITIONAL INFORMATION

To learn more information about athletic training, visit the following websites:

National Athletic Trainers' Association (NATA)	<a href="http://www.nata.org">www.nata.org</a>
Ohio Athletic Trainers' Association (OATA)	<a href="http://www.oata.org">www.oata.org</a>
Board of Certification (BOC)	<a href="http://www.bocatc.org">www.bocatc.org</a>