Athletic Training in Ohio

2018 OATA State Meeting and Clinical Symposium

Missy Craddock, OTPTAT Executive Director
Hollie Kozak, M.Ed, AT, AT Section Chair
Kimberly S. Peer, EdD, AT, FNATA, OTPTAT Board Secretary
Dr. Jason Dapore
Susan Stevens, EdD, AT
Trevor Bates, D.H.Sc., AT
Non-Discrimination Statement

• The Ohio Athletic Trainers’ Association does not discriminate on the basis of race, color, national origin, religion, sec, disability, military status, sexual orientation or age. The Ohio Athletic Trainers’ Association is committed to accessibility and non-discrimination in all aspects of its continuing education activities. Participants who have special needs are encouraged to contact program organizers so that all reasonable efforts to accommodate these needs can be made.
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OATA Conflict of Interest Policy

OATA will make public potential and actual conflicts of interest and financial gain associated with any programs, presenters, or providers.
Learning Objectives

• Describe the new curricular standards that are upcoming for athletic trainers
• Identify and analyze possible ethical dilemmas as they relate to the practice of athletic training
• Apply the knowledge gained from the session to their own practices
Who are we?

- 5 Member Section – 4 AT’s and 1 Physician
- 10 Staff in the Board office
- Role of AT licensing board is to protect the public, not the license holder
- Mission of the OTPTAT Board:
  To actively promote and protect the health of the citizens of Ohio through effective regulation of the professions of occupational therapy, physical therapy, athletic training, orthotics, prosthetics, and pedorthics
- New Executive Director: Missy Craddock

May 11, 2018
### AT Section Members

<table>
<thead>
<tr>
<th>Member</th>
<th>City</th>
<th>Term Expires</th>
<th>Term</th>
</tr>
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<tbody>
<tr>
<td>Trevor Bates, AT</td>
<td>Sylvania</td>
<td>2020</td>
<td>1st</td>
</tr>
<tr>
<td>Jason Dapore, DO, Secretary</td>
<td>Columbus</td>
<td>2019</td>
<td>3rd</td>
</tr>
<tr>
<td>Hollie Kozak, M.Ed, AT, Chair</td>
<td>Willoughby</td>
<td>2019</td>
<td>1st</td>
</tr>
<tr>
<td>Kim Peer, AT</td>
<td>Mogadore</td>
<td>2018</td>
<td>2nd</td>
</tr>
<tr>
<td>Sue Stevens, AT</td>
<td>Findlay</td>
<td>2020</td>
<td>3rd</td>
</tr>
</tbody>
</table>

All terms expire on Aug. 27 of the designated year. Pursuant to ORC 4755.01, members shall not serve for more than three (3) consecutive terms.

To seek appointment to the Board, you need to contact the Governor’s Office and download the application (http://governor.ohio.gov)
Purpose of Regulatory Board

• Establishing requirements for entry into the profession
• Adopting administrative rules
• Disciplining license holders
• Assuring continued competence of license holders
Certification vs. Licensure

• The AT Section of the Ohio OTPTAT Board issues licenses for practice as an AT in the State of Ohio

• The BOC certifies ATs who meet their requirements for certification
Certification vs. Licensure

• You **MUST** hold a valid license issued by the AT Section of the Ohio OTPTAT Board to legally practice athletic training in the State of Ohio

• **Certification ≠ Licensure**
Laws vs. Rules

- **ORC 4755.60-4755.65** regulates AT
  - Only the legislature can amend the law
  - Law delegates rule making authority to the Board

- **OAC 4755-40 thru 4755-48**
  - Board must have statutory authority for all rules
  - Rules meant to clarify and implement the law

Law says we have to license qualified people, rule tells us how we do it.
Board Resources

www.otptat.ohio.gov
Meeting Agendas & Materials

http://otptat.ohio.gov/AthleticTraining/MinutesAgendas.aspx
Frequently Asked Questions

ATHLETIC TRAINING FREQUENTLY ASKED QUESTIONS

1. What initials should I use following my name to indicate that I am a licensed athletic trainer? (Category - Credentials)

2. Does an athletic trainer have to work under the supervision of a physical therapist in a rehab clinic? (Category - Regulations)

3. If a visiting team is traveling without an athletic trainer, can I treat the visiting athletes? (Category - Regulations)

4. Is a coach allowed to tape a student athlete? (Category - Treatments/Modalities)

5. Can an athletic trainer carry an emergency inhaler or epipen that is not prescribed to a specific individual? (Category - Treatments/Modalities)
## OTPTAT Board Updates

<table>
<thead>
<tr>
<th>License Type</th>
<th>Number of Active licenses as of 4/16/18</th>
</tr>
</thead>
<tbody>
<tr>
<td>Athletic Trainer</td>
<td>2,885</td>
</tr>
<tr>
<td>Occupational Therapist</td>
<td>6,065</td>
</tr>
<tr>
<td>Occupational Therapy Assistant</td>
<td>5,001</td>
</tr>
<tr>
<td>Physical Therapist</td>
<td>9,621</td>
</tr>
<tr>
<td>Physical Therapist Assistant</td>
<td>8,337</td>
</tr>
<tr>
<td>OPP</td>
<td>331</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>32,240</strong></td>
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</tbody>
</table>
AT Renewal

- AT licenses are due for renewal by September 30, 2018.
- Elicense will open for renewals on or about July 2, 2018.
- Please log in to http://elicense.ohio.gov to ensure that your email is correct in order to receive renewal notices.
- Your 25 hours of CE should be complete before you renew your license.
Don’t Wait Until Sept. 30 to Renew

More than 345,000 central Ohio residents still without power after last night's storms

An OhioHealth billboard along Rt. 315 near Riverside Methodist Hospital took a beating.

By Randy Ludlow
The Columbus Dispatch - Saturday June 30, 2012 11:37 AM
OTPTAT Board Updates

• Orthotics, Prosthetics, Pedorthotics
  – Consolidate licensure effective January 22, 2018
  – Advisory Council for OPP is advising on OPP issues

• Missy Craddock, MPA - New Executive Director effective November 2017

• Rules updates are on-going
  http://www.otptat.ohio.gov/Rules-Updates

• Volunteer Continuing Education
• Naloxone
Overview of the Ohio AT Practice Act

• Provisions governing the practice of AT

• Establishes a code of ethical conduct (4755-41)
State Practice Act and New Educational Standards

- Adopted January 9, 2018
- Effective July 1, 2020
- Changes to Clinical Education
- AT Clinical Education- AT or Physician Preceptor
  - Education standards evaluated
- Supplemental Clinical Experience- other Health Care providers supervise
  - No standards evaluated, only used to provide additional exposure to different areas of practice.
- Immersive Clinical Education
  - Minimum of 4 weeks
  - Present for entire experience
  - Minimal classwork
State Practice Act and New Educational Standards

• Patient Centered Care (ICF, Disablement models)
• Interprofessional Education and Interprofessional practice
• Exam/ Diagnosis/ Intervention
  – Cardiac and Respiratory Compromise
  – Environment including rectal thermometry
  – Hemorrhage including tourniquet and hemostatic agents
  – Fracture and dislocation including reduction of dislocation
  – Diabetes- including administering glucagon and insulin.
  – Naloxone
  – Wound care and closure
• Perform or obtain Imaging, blood work, urinalysis, ECG to facilitate diagnosis, referral, and treatment
State Practice Act and New Educational Standards

• Mobilization and manipulation of joints
• Administer medications or other therapeutic agents according to appropriate route of administration upon order of prescriber.
• Evaluate and implement plan of care for Vestibular problems
• Select and use biometric and physiological monitoring systems.
Who Determines the Scope of Practice

• The State of Ohio regulates the practice through licensure and oversight is by the Ohio OTPTAT Board

• Ohio Revised Code explains the powers and duties entrusted to the OTPTAT Board and defines the scope of practice
“Personal” Scope of Practice

- The following questions should be asked to analyze and determine if a specific task in within one’s “personal” scope of athletic training practice.
  - Is the skill in question specifically prohibited in the Ohio Revised Code?
  - Is the task represented in entry level education and practice?
  - Has the practitioner had continuing education to adequately prepare them to perform the task?
  - Does this task provide for safety and welfare of the client?
- If the professional can provide supporting evidence that adequately addresses these areas, then the task is considered within that athletic trainer’s scope of athletic training practice.
- Documents to assist in determining entry-level education and athletic training practice.
  - Athletic Training Education Competencies (5th Edition) [http://caate.net/professional-programs/](http://caate.net/professional-programs/)
• Ohio Revised Code defines AT: Athletic training’ means the practice of prevention, recognition, and assessment of an athletic injury and the complete management, treatment, disposition, and reconditioning of acute athletic injuries upon the referral of an individual authorized under Chapter 4731. of the Revised Code to practice medicine and surgery, osteopathic medicine and surgery, or podiatry, a dentist licensed under Chapter 4715. of the Revised Code, a physical therapist licensed under this chapter, or a chiropractor licensed under Chapter 4734. of the Revised Code.
Team Physician and AT Relationship

• Team approach to healthcare
• MUST insure that you have either:
  – A written prescription for an individual athlete from one of the identified providers to provide the care, management, etc.
  – Documented verbal orders from the referring physician, including physician name, date, time, etc.
  – Standard Operating Procedure (SOP) by your physician
• Outlines the specific athletic training procedures at a specified school.
• These procedures can include, but are not limited to, the care of various injuries, including prevention, recognition, assessment, management, and treatment, as well as return to play.
• All ATs covering events at the school will abide by their set SOP manual that is signed off by their team physician or medical director.
• The SOP is not to replace the specific orders received from the physician regarding the care of the injured athlete, unless those orders conflict with what is considered “standard” related to return to play, etc...
So What If My School Does Not Have a Team Physician?

- Without a team physician and/or medical director, then you do not have a SOP
- Without a SOP, you will need a patient specific prescription/referral for all treatments and restorative treatments
- You need to develop a on-going contact and formal relationship with a physician to act as a team physician/medical director
**Enforcement Issues**

- **Boundary Violations:**
  - No inappropriate touching/sexual contact with your patients.
  - Don’t have inappropriate/dating relationships patients.
  - Text, facebook, snapchat, etc.

- **Impaired Practitioner issues**

- **Practicing without a license**
  - Renew your license and if you don’t, don’t work with an expired license.
  - Name and Address changes are your responsibility

- **Do your CEU’s!**
  - Audits- not less than 5% each renewal- randomly selected
Ethical Issues

• Standard Ethical Considerations for Athletic Trainers
  – Continuing Education Requirement
  – Obligation to Report
  – Reporting Mechanisms & Processes
Common Ethical Issues

• Practicing without a license
  – Representing as AT services
  – Failure to renew
  – Practicing Prior to Licensure

• Social Media considerations

• Personal and Professional Relationship Boundaries

• Impaired Practitioner
Contacting the Board

• Contact the Board by any of the following methods:
  – Internet/Email: [http://otptat.ohio.gov/ContactUs.aspx](http://otptat.ohio.gov/ContactUs.aspx)
  – Phone: 614-466-3774
  – Mail:
    Ohio OTPTAT Board
    77 S High Street 16th Floor
    Columbus, OH 43215-6108
Board Communications

• “Like” the Board on Facebook at https://www.facebook.com/OhioOTPTATBoard

• Each Section has its own listserv
  – To join, go to Board’s website and select “Join a Board Listserv” link on the homepage
Questions?